## calendar



EACITI - EUROPEAN ACTIVE CITIZENSHIP 2020-1-IT02-KA229-079429

Erasmus+

## LISTEN TO OTHER PEOPLE WHEN

## THEY ARE TALKING TO YOU



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## January 2023

| $\mathbf{M}$ | T | W | T | F | $\mathbf{S}$ | $\mathbf{S}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |

KEEP EYE CONTACT WHILE YOU ARE TALKING TO SOMEONE

| rebruary |  |  |  |  | $2023$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| M | T | W | T | F | S | S |
|  |  | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 |  |  |  |  |  |

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## LEAVE YOUR EGO BEHIND



## TRY TO INCLUDE EVERYONE



## THINK BEFORE YOU SPEAK



May 2023

| $\mathbf{M}$ | $\mathbf{T}$ | $\mathbf{W}$ | $\mathbf{T}$ | $\mathbf{F}$ | $\mathbf{S}$ | $\mathbf{S}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{1}$ | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 |  |  |  |  |

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LET OTHERS FINISH THEIR SENTENCE BEFORE YOU EXPRESS YOUR OPINION

| M | T | W | T | F | S | S |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
|  | 20 | 21 | 22 | 23 | 24 | 25 |
|  |  | 28 | 29 | 30 |  |  |



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CHECK FACTS BEFORE ACCEPTING AND SHARING THEM


## THINK ABOUT PEOPLE'S FEELINGS WHILE YOU ARE TALKING

August 2023

| $\mathbf{M}$ | $\mathbf{T}$ | $\mathbf{W}$ | $\mathbf{T}$ | $\mathbf{F}$ | $\mathbf{S}$ | $\mathbf{S}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |

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## BE RESPECTFUL OF OTHER PEOPLE'S IDEAS, ESPECIALLY IF THEY ARE DIFFERENT FROM YOURS



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## ADDRESS PEOPLE IN A CALM, KIND WAY



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CHOOSE YOUR WORDS CAREFULLY, SO AVOID VERBAL ABUSE


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November 2023

| $M$ | $T$ | $W$ | $T$ | $F$ | $S$ | $S$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |


December 2023

| $M$ | $T$ | $W$ | $T$ | $F$ | $S$ | $S$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |


| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |


| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |


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